

Metro Care Human Services

Position: Mental Health Rehabilitative Worker, IRTS
Reports to: Clinical Supervisor

Position Philosophy: to provide residential adult rehabilitative mental health services and enable recipients to develop and support mental health stability, substance use stability, social connections, personal and emotional adjustment and independent living skills. These activities are to help restore a recipient's skills for managing their illness and everyday independent living.

Responsibilities and Duties

- Administer medications to residents and assist with behavioral tailoring interventions
- Provide training on basic living and social skills
- Conduct safety checks (at least hourly during waking hours and at least twice during overnight hours).
- Support recipient's work toward their treatment plan by providing support, encouragement and assistance
- Support IRTS staff, including mental health practitioners, mental health professionals, nursing and other staff, in working with recipients
- Plan and be actively involved in all programming aspects of their scheduled IRTS shift
- Provide appropriate assistance and training in meeting clients' physical and emotional needs such as nutrition, socialization, family involvement, etc.
- Completely and accurately document work with recipients, using our electronic health record, during their stay at the IRTS

- Complete household chores
- Participate in weekly team meetings
- Exchange necessary information about recipients with staff on the next shift
- Complete additional trainings as required
- Prepare meals for up to 6 persons served as needed
- Other duties as assigned

Requirements

Mental health rehabilitation workers work under the direction of a mental health professional or mental health practitioner and must meet the following four requirements:

- 1. Be at least 21 years of age
- 2. Have a high school diploma or equivalent
- 3. Successfully complete 30 hours of training during the two years prior to hiring in each of the following areas:
 - • Member rights

- • Member-centered individual treatment planning
- • Behavioral terminology
- • Mental illness
- • Co-occurring mental illness and substance abuse
- • Psychotropic medications and side effects
- • Functional assessment
- • Local community resources
- • Adult vulnerability
- • Member confidentiality
- 4. Meets one of the qualifications in a or b:
 - a. Has an associate of arts degree, two years of full-time postsecondary education, or a total of 15 semester hours or 23 quarter hours in behavioral sciences or related fields; is a registered nurse, or within the previous 10 years has one of the following:
 - Three years personal life experience with serious and persistent mental illness
 - Three years personal life experience as primary caregiver to an adult with a serious mental illness, traumatic brain injury, substance use disorder, or developmental disability or
 - 2000 hours supervised paid work experience in the delivery of mental health services to adults with a serious mental illness or brain injury
 - b. Is fluent in a non-English language or competent in the culture of an ethnic group to which at least 20 percent of rehab worker's recipients belong, and:
 - Receives monthly documented individual clinical supervision during the first 2,000 hours employment
 - Has 18 hours of documented field supervision by a mental health professional or practitioner during the first 160 hours of contact work with members and at least six hours of field supervision quarterly during the following year
 - Has review and co-signature of charting of recipient contacts during field supervision by a mental health professional or practitioner
 - Has 15 hours of additional continuing education on mental health topics during the first year of employment and 15 hours during every additional year of employment

Mental health rehabilitation workers must receive the following:

- • 30 hours of continuing education every two years in areas of mental illness and mental health services and other areas specific to the population being served
- • Direct on-site observation while providing interventions:
- • For newly hired workers, at least six hours for each 40 hours during the first 160 hours of service
- • For workers in continued employment, at least six hours every six months

Awake Overnight Rotational Schedule, 10pm-8am

Pay Range: \$18-\$20/hour